

Examen for Busy Mothers

Bev McDonald

August 2018

PRAY AS YOU CAN

Gather with prayer, then someone read: Psalm 4:6b-8

Let your face smile on us, LORD. You have given me greater joy than those who have abundant harvests of grain and new wine. In peace I will lie down and sleep, for you alone, O LORD, will keep me safe.

Listen to the CD or Read the Script

Simply use these questions as a starter to guide your sharing.

What stands out most for you from the Scripture or reflection?

If you were encouraging your best friend who was feeling guilty about prayer what would you say?

How might reflective conversation style prayer help your relationship with God and build more awareness of God with you throughout your everyday?

What do you need from God to help you feel more relaxed and free in prayer? Pray with each other, asking God to fill that need.

Concluding Prayer Time:

for your own intentions and other needs.

Some days God, prayer is not words,
It's waiting and breathing, seeking and listening.

Some days, Jesus, prayer is not words,
It's living and loving and doing and being.

Some days Spirit, Prayer is not words, Its striving
for my best self & giving of my best for the best of others.
Some days God, prayer is not words, It is squeezed out by
busyness and worries, but still you are present.

Some days Christ, Prayer is not words, It is you as The
Word at work in us, in others, in the world.

Some days Spirit, Prayer is not words, It is seeing the
hidden meaning and purpose waiting to be discovered
with you.

Some days God, Prayer is not words, But we are in prayer
nonetheless, So may it ever be. Amen

By Jon Humphries (slightly abridged)

CHARTER NO. 4

A Christian mother knows she is loved by God. God gives her many personal gifts; Jesus offers His friendship and love; & the Spirit strengthens her.

“What the Spirit brings is love, joy, peace, patience, kindness, goodness, trustfulness, gentleness, and self-control.”

Galatians 5:22



MARIAN MOTHERS

WOMEN TO WOMEN – AUGUST 2018 Newsletter



Kia Ora Friends, I have Daffodils in my garden!

Firstly some sad news. Vanessa has resigned. If you wish to send her any farewell words please send them to the office and we will pass them on. We are very grateful for what she has done for this ministry and for her support of us all as we transitioned from Wellington and established the office then moved again within Auckland. We wish her and her family well. Please continue to hold them before Mary in your prayers.



Secondly a more formal welcome to Margaret Russell who has accepted the office administrator position. Margaret is a gifted musician with experience working in a parish and raising a family. She was a Marian Mother herself for many years and still maintains contact with the members of that group. I know you will all give her a warm welcome and support her in this role.

World Day of Prayer for the Care of Creation is on Saturday 1st September. Perhaps you can think about some ways you could mark this in your family, school or parish.

Mark the date 21-23 September. Fr Chris Skinner and Bev are giving a reflection day on **"Finding Joy in Everyday Life"** on **22 September** in Taranaki region. *Please keep our preparation in prayer.*

We'd love an up-to-date photo from your group please.

Love and Blessings, Bev and Margaret.



THE THINGSWE SAY.COM

GISBORNE

COME AWAY, BE REFRESHED.

Bev McDonald is leading a

REFLECTION DAY:

Everyone Welcome

"the world is a joyful mystery to be contemplated"

(Pope Francis)

**St Mary Star of the Sea,
Corner Campion & Gladstone Rd**

Saturday 18th August

10a.m. – 3:30 p.m.

Come for **9 AM Mass** and cuppa

or

Join us for **10 a.m. start** to the reflection day.

Please Bring your own lunch: Morning tea and hot drinks will be provided.
Day concludes 3:30

*Bev will also be going to Tokumaru Bay.
Please pray for this outreach.*